

Dear ##[Name | First]##,

It's the final day of KY Proud CSA Week (Feb. 20 - 24th) and we want to share some resources to celebrate all of the participating community supported agriculture (CSA) farms across Kentucky!

Give this newsletter a look to learn more about what CSA is with our "What is CSA?" video, download the partner farm guide of participating KY Proud CSA Week farms, find a direct link to OAK member CSA farms, read about Dr. Booker T. Whatley and the history of CSA, and more!

We are excited to collaborate with our community partners at Kentucky Proud, Edible Kentucky Magazine, University of Kentucky's The Food Connection, and Kentucky Horticulture Council on KY Proud CSA Week, and encourage you to check out the CSA in KY Facebook group to ask questions, connect with farms and get other resources.

Happy CSA Week, The OAK Team

Make a Gift

What is Community Supported Agriculture?



Community Supported Agriculture (CSA) is a local food model of subscribing in advance for a season of products from a local farm. It gives you access to some of the freshest farm items (i.e. produce, meat, eggs, flowers, herbs, etc.) and supports farms as they prepare for the upcoming growing season. CSA is more than food. It's about cultivating a relationship with a farm. You become a subscriber for a season and get to know more about who is growing your food and how it is grown. It is also one of the best ways to champion a thriving local food system and support a family farm in your area.

Watch the OAK "What is CSA" Video

Celebrate KY Proud CSA Week



It's the final day of KY Proud CSA Week! Now is a great time to check out all the CSA information that's been shared in the <u>CSA in Kentucky Facebook Group</u>. OAK is co-organizing this celebration with Kentucky Proud, Edible Magazine, Kentucky Horticulture Council, and The Food Connection. Learn more <u>here</u>.

This online promotion is featuring 70+ CSA farms across the state. KY Proud CSA Week is focused on helping more Kentucky consumers learn about CSA, how to find one in their area, and what to do with their share. Check out the partner farm guide to find participating farms in your area and head over to the Facebook Group to ask questions about CSA with other local food lovers in the state!

Search the KY Proud CSA Week Partner Farm Guide:

On a desktop: Open the PDF in a new tab. On your keyboard hold down "Ctrl" and click "F" to open the "find box" in the upper right corner and type in your desired county. The PDF will show you where that county name is mentioned in the document. Press enter or arrow down to find all the listed farms that serve your county (or nearby county).

On a phone: Open the PDF in your browser. Tap the Up Arrow, then tap Find on Page. Type in your desired county. Tap to find other subsequent listings of farms.

Download the Partner Farm Guide

Explore the OAK Directory for a CSA Share



Spring is almost here. Now is the perfect time to connect with local farms in your area. There are over 30+ CSA farms on the OAK Find-A-Farm Directory. Check out their offerings by selecting the "Find a CSA" box to browse options OR search OAK member farms in your area by simply typing in your zip code to get a full list of family farms near you!

Search the OAK Directory

Learn About the Roots of CSA

The origins of Community Supported Agriculture are firmly rooted in black history. **Dr. Booker T. Whatley** was a horticulturalist and agriculture professor at the Tuskegee Institute in Alabama. He worked to support black farmers during the height of the Civil



Rights Movement in response to the systemic denial of federal loans and grants to black and minority farmers. In the 1960s and 1970s, Dr. Whatley advocated for farmers to start "Clientele Membership Clubs" in which people paid an annual membership fee to "buy into" a local farm growing fresh produce, allowing farmers to anticipate demand and guarantee business for the season. Dr. Whatley's model and publications are still widely used by farmers and scholars today. Dr. Whatley set the course for CSA and local food advocacy, and created a model that has helped small farms survive across the nation. Learn more about this history by reading this Smithsonian Magazine Article.

Read More Here

Explore these other CSA resources

Learn How CSA can Build Healthy and Sustainable Communities

Are you curious about the the impact of CSA on our health and environment? Check out this presentation given by Katie Harvey and Natalie Rider on behalf of OAK's workplace CSA program KY Farm Share Coalition during the February KY Excel Sustainability Exchange.



Watch Recording Here



Download Here

Get CSA Member Handouts from KY Farm Share Coalition

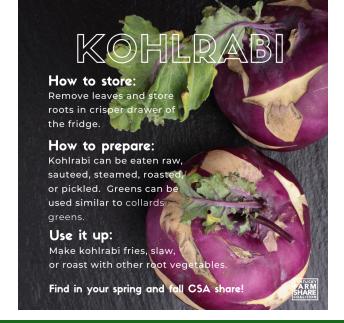
KY Farm Share Coalition has a collection of

Know What To Expect in Your Share

One of the best parts of CSA is getting to try new fruits and vegetables during the season! Read OAK's Eating with the Seasons Postcard for a quick and easy guide on what to expect and learn some tips and tricks to master your share.

handouts to help CSA members master their share and will continue to add to this list in 2023. You can bookmark this tab and also take a look at the "<u>Using Your Share</u>" page for other great CSA-focused websites and resources.

View CSA Handouts



Follow @kyfarmshare for more resources:

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Stay in touch:

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