

**It's not too late, ##[Name | First]##!**

## BOOK YOUR #ORS2023 ROOM!



**HOUSING DEADLINE: JANUARY 24, 2023**

**Be sure not to miss a moment of #ORS2023! Stay in the ORS official hotel block.**

*The deadline to book your room at the Hilton Anatole is January 24, 2023.  
There will be no deadline extensions or exceptions made after this date.*

[Save Your Spot](#)

## Have You Heard...

**The ORS is pleased to offer CME credits at the 2023 Annual Meeting!**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Orthopaedic Research Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this Orthopaedic Research Society (ORS) 2023 Annual Meeting, February 10-14 in Dallas, Texas live activity for a maximum of 38.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Earn CMEs at ORS

## January ORS Basic Science Tip



*The ORS Scientific Communications Committee is carrying forward the Basic Science Tips started by **Fred Nelson, MD** in an effort to honor his legacy. The committee hopes to continue to highlight the important basic science research that ORS members produce. Currently, ORS Basic Science Tips are written by ORS Scientific Communications Committee members **Mia Huang** and **Hugo Giambini, PhD**.*

In humans, the glenohumeral joint enables the greatest mobility in the human body, at the expense of its stability. The bony anatomy between the proximal humerus and glenoid cavity of the scapula has minimal constraints, thus humans are able to perform a wide range of overhead motions. Stability in the joint is largely provided by soft tissues such as the rotator cuff and the labrum. Unfortunately, repetitive overhead motion leads to rotator cuff injuries that affect millions of people in the US each year...

Continue Reading

## Congratulations 2023 Shands Award Winner!

Please congratulate **Clare Rimnac, PhD** from Case Western Reserve University for receiving the 2023 Alfred R. Shands, Jr., MD Award.

This award is presented each year to a United States or Canadian citizen who has made significant contributions to orthopaedics. This award recognizes the devotion of a significant portion of the professional lifetime to furthering knowledge in the fields of musculoskeletal disease. The Alfred R.



Shands, Jr., MD Award is sponsored by the Orthopaedic Research Society.

[Read more here.](#)

This award will be presented at the ORS Career and Scientific Achievement Awards at the ORS 2023 Annual Meeting on Sunday, February 12, 2023 in Chantilly East from 9:15 AM – 10:15 AM.

[Join us in Dallas!](#)

## Are you ready for this year's RIGs?

### **February 10, 2023**

10:00 AM 3:00 PM

RIG: Infection

### **February 11, 2023**

7:00 PM 9:00 PM

RIG: Foot and Ankle

7:00 PM 9:00 PM

RIG: Bone Morphometry and Beyond

### **February 12, 2023**

11:30 AM 12:30 PM

RIG: Education

### **February 13, 2023**

12:15 PM 1:45 PM

RIG: Bridging Disciplines to find Solutions in Osteoarthritis

4:30 PM 6:00 PM

RIG: Bone Quality

4:30 PM 6:00 PM

RIG: From Stem Cell Biology to Regenerative Therapies

4:30 PM 6:00 PM

RIG: Understanding the Role of Multi-Organ Crosstalk

[Preview these Sessions](#)

## Additional Information on OMeGA



Please send the below letter to your industry contacts early February, if possible, to assure funding is available for training in all orthopaedic subspecialties for this next academic year.

[Download OMeGA Letter](#)

### Mark Your Calendar!

[Annual Meeting Housing Deadline](#)

January 24, 2023

[ORS 2023 Annual Meeting](#)

February 10 – 14, 2023

Dallas, Texas

[50th International Musculoskeletal Biology Workshop](#)

July 22 – 26, 2023

Zermatt Utah Resort & Spa, Midway, Utah

[2023 Clinician Scholar Career Development Program \(CSCDP\)](#) - **Individual Applications are now being accepted**

September 21 - 23, 2023

Rosemont, Illinois



#### Orthopaedic Research Society

9400 W. Higgins Road, Ste. 225

Rosemont, Illinois 60018

(847) 823-5770

[ors@ors.org](mailto:ors@ors.org)

Connect with  
Us:

[Facebook](#)

[@ORSociety](#)

[LinkedIn](#)